CLAIM SET AS AMENDED

1. (Currently Amended) A footrest apparatus comprising:

a pair of left and right supporting members (3) (3)-frontwardly projecting from a front portion of a chair (2) chair;

a footrest (7) footrest supported between the supporting members (3), (3) so as to be rotatable about a lateral axis (4) axis and provided with a lower limb massaging portion (5) portion on one surface thereof and a lower limb resting surface (6) surface on the other surface thereof on which lower limbs (64) limbs can be rested; and

a position switching mechanism (8) mechanism provided between one of the supporting member (3) members and the footrest (7) footrest for changing the position of the footrest (7) footrest between a massaging position in which the lower limb massaging portion (5) portion is oriented frontward, and a resting position in which the lower limb resting surface (6) surface is oriented frontward wherein the position switching mechanism comprises a disk-shaped rotary engagement member having an engagement portion for positionally fixing the footrest in the massaging position and an engagement portion for positionally fixing the same in the resting position on a peripheral edge thereof, the disk-shaped rotary engagement member being provided coaxially with the lateral axis, an engaging member moving toward and apart from the rotary engagement member in a radial direction thereof and detachably engaging the respective engagement portions selectively by

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moving toward the same for restraining rotation of the rotary engagement member, a releasing device for moving the engaging member in the direction apart from the rotary engagement member for releasing the engagement, a released-state retaining device for retaining the released state by the releasing device, and an engagement restoring device for engaging the engaging member with the rotary engagement member by bringing the released-state retaining device into non-retaining state.

2. (Cancelled)

- 3. (Currently Amended) A footrest The footrest apparatus according to Claim 2 Claim 1, wherein the releasing device (15) device includes a releasing member (55) member for moving the engaging member (14) member apart from the rotary engagement member (13) member.
- 4. (Currently Amended) A footrest The footrest apparatus according to Claim 3, wherein the releasing member (55) member is provided on the outer surface of the supporting member (3) member.
- 5. (Currently Amended) A footrest The footrest apparatus according to Claim 3, wherein the released-state retaining device (16) device includes a lock portion (23) portion provided on the engaging member (14) member and a released-state retaining member (25)

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member having an engagement portion (24) portion which can engage the lock portion (23)

portion in a state in which the engaging member (14) member is moved apart.

6. (Currently Amended) A footrest apparatus according to Claim 5,

wherein the engagement restoring device (17) device includes a restoring strip (26) strip

having a proximal end swingably supported at a position in the vicinity of the respective

engagement portions (12A) (12B) of the rotary engagement member (13) member, and a

distal end being capable of projecting and retracting from the peripheral-edge(11) edge, so

that the distal end is retracted from the peripheral edge (11)-edge when the rotary

engagement member (13) member rotates in one direction; and wherein the rotary

engagement member (13) member includes a restraining portion (27) portion for restraining

swinging movement of the restoring strip (26) strip to allow the distal end of the restoring

strip (26) strip to project from the peripheral edge (11) edge to press the released-state

retaining member (25) member in a retaining-state canceling direction when the rotary

engagement member (13) member rotates in the other direction.

7. (Currently Amended) A footrest The footrest apparatus according to Claim 6,

wherein the released-state retaining member (25) member is disposed in the vicinity of the

engaging member (14)-member along the direction of the movement thereof toward and

apart from the rotary engagement member.

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8. (Currently Amended) A footrest The footrest apparatus according to Claim 1, wherein the pair of supporting members (3) (3) are supported so as to be capable of swinging about a supporting shaft (32) shaft at a front portion of the chair(2) chair so that the vertical position of the footrest (7) footrest can be changed; wherein a retaining device (29) device for retaining the vertical position is provided; and wherein an operating member (30) member for releasing the retained state of the retaining device (29) device is provided on one of left and right outer surfaces of the chair.

9. (Currently Amended) A footrest The footrest apparatus according to claim 2 Claim 1, wherein the pair of supporting members (3) (3) are supported so as to be capable of swinging about a supporting shaft (32) shaft at a front portion of the chair(2) chair so that the vertical position of the footrest (7) footrest can be changed; wherein a retaining device (29) device for retaining the vertical position is provided; and wherein an operating member (30) member for releasing the retained state of the retaining device (29) device is provided on one of left and right outer surfaces of the chair.

10. (Currently Amended) A footrest The footrest apparatus according to Claim 3, wherein the pair of supporting members (3) (3) are supported so as to be capable of swinging about a supporting shaft (32) shaft at a front portion of the chair(2) chair so that the vertical position of the footrest (7) footrest can be changed; wherein a retaining device (29) device for retaining the vertical position is provided; and wherein an operating member (30) for

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releasing the retained state of the retaining device (29) device is provided on one of left and

right outer surfaces of the chair.

11. (Currently Amended) A footrest apparatus according to Claim 4,

wherein the pair of supporting members (3) (3) are supported so as to be capable of swinging

about a supporting shaft (32) shaft at a front portion of the chair(2) chair so that the vertical

position of the footrest (7) footrest can be changed; wherein a retaining device (29) device

for retaining the vertical position is provided; and wherein an operating member (30)

member for releasing the retained state of the retaining device (29) device is provided on one

of left and right outer surfaces of the chair.

12. (Currently Amended) A footrest The footrest apparatus according to Claim 5.

wherein the pair of supporting members (3) (3) are supported so as to be capable of swinging

about a supporting shaft (32) shaft at a front portion of the chair(2) chair so that the vertical

position of the footrest (7) footrest can be changed; wherein a retaining device (29) device

for retaining the vertical position is provided; and wherein an operating member (30)

member for releasing the retained state of the retaining device (29) device is provided on one

of left and right outer surfaces of the chair.

13. (Currently Amended) A footrest apparatus according to Claim 6,

wherein the pair of supporting members (3) (3) are supported so as to be capable of swinging

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about a supporting shaft (32) shaft at a front portion of the chair(2) chair so that the vertical position of the footrest (7) footrest can be changed; wherein a retaining device (29) device for retaining the vertical position is provided; and wherein an operating member (30) member for releasing the retained state of the retaining device (29) device is provided on one of left and right outer surfaces of the chair.

14. (Cancelled)